



The Recovery Village™

← PALMER LAKE →

an advanced approach to patient care

Healing for the Whole Self

Set against a backdrop of scenic mountains, The Recovery Village™ at Palmer Lake offers a rarity in today's society: serenity.

Depending on their level of care, clients have access to a variety of amenities, including:

- Equine therapy
- Covered swimming pool
- Sand volleyball, basketball and squash courts
- Full-service gym
- Yoga classes
- Nature trails

Supporting Long-Term Recovery

With lifelong recovery in mind, discharge planning begins the moment our clients are admitted. We work with each client's referring provider and our established network of industry colleagues to identify and plan for aftercare services.

Each client has a comprehensive discharge plan prior to their departure, including appointments with a primary care provider, psychiatrist and outpatient therapist. We also assist clients in locating quality sober housing options and community support meetings.



Setting the Scene for Recovery

The Recovery Village™ at Palmer Lake is a 110-bed, continuum of care treatment facility nestled between Denver and Colorado Springs. The facility treats adults who are struggling with addiction, substance use disorders and co-occurring mental health issues. Surrounded by scenic views of the Rocky Mountains and the Santa Fe Trail, the center offers a peaceful retreat for the first steps on the road to recovery.

Offering a continuum of care, we support our clients at every step of their recovery journey with:

- Medical detox
- Intensive inpatient program
- Residential treatment
- Partial hospitalization program
- Intensive outpatient program
- Outpatient services

The Recovery Village™ at Palmer Lake is located only 20 miles from Colorado Springs.



Promoting Healing From Within

During the first days of treatment, our clinicians gather detailed nutritional, medical, psychological and substance use history information from the client. Based on these comprehensive assessments, tailored treatment and aftercare plans address the roots of addiction and any co-occurring mental health conditions, encouraging clients to develop skills for lifelong recovery.

To address co-occurring disorders, we employ evidence-based, therapeutic approaches, such as cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT) and eye movement desensitization and reprocessing (EMDR). Each client receives a medical and psychiatric evaluation upon arrival. Clients participate in group therapy sessions to assist them in understanding and managing co-occurring conditions.



Weekly Recovery Compass

The Recovery Village™ at Palmer Lake guides clients to whole-person healing with our comprehensive Weekly Recovery Compass.

Because personal needs can change throughout treatment, our individualized care plans grow with clients throughout their journey to help them through the early stages of recovery.

The Weekly Recovery Compass is a series of four assessments that allow clinicians to track each client's progress throughout treatment. By identifying and addressing possible setbacks in real time, clinicians can orient clients toward healing and help them build a healthier life in sobriety.

Each Weekly Recovery Compass check-in measures:

- Symptoms of depression
- Levels of anxiety
- Self-reported sleep quality
- Substance cravings



WE ARE REFERRAL FRIENDLY

WE MAKE THE REFERRAL PROCESS EASY FOR PHYSICIANS
AND MENTAL HEALTH PROFESSIONALS.

- Most insurance accepted
- Self-pay rates available
- 24/7 expedited admission



The Recovery Village™ at Palmer Lake is accredited
by The Joint Commission.



1-844-244-1334 | www.PalmerLakeRecovery.com
443 S. Hwy-105, Palmer Lake, Colorado 80133
Easy admissions process | Most insurance accepted

The Recovery Village™ at Palmer Lake is an
Advanced Recovery Systems facility.